

What is Sildenafil?

- Sildenafil is the generic name for Viagra. It is prescribed for the treatment of erectile dysfunction and other conditions as deemed appropriate by your physician. Your sildenafil prescription has the same active ingredient found in Viagra, but in a different strength.

Sildenafil dosage and administration:

- Take as instructed by your provider. You may increase or decrease your dose as needed and as directed by your doctor.
- Do not exceed 5 tablets (100mg) per day.
- Do not take more than one time per day.

What special dietary instructions should I follow?

- Talk to your doctor about eating grapefruit and drinking grapefruit juice while taking this medicine.

Storage, Handling and Disposal:

- Keep this medication in the container it came in, tightly closed, and out of reach of children. Store the tablets at room temperature and away from excess heat and moisture (not in the bathroom). Store the suspension at room temperature or in a refrigerator, but do not freeze it. Dispose of any unused suspension after 60 days.
- It is important to keep all medication out of sight and reach of children as many containers (such as weekly pill minders and those for eye drops, creams, patches, and inhalers) are not child-resistant and young children can open them easily. To protect young children from poisoning, always lock safety caps and immediately place the medication in a safe location – one that is up and away and out of their sight and reach. <http://www.upandaway.org>
- Unneeded medications should be disposed of in special ways to ensure that pets, children, and other people cannot consume them. However, you should not flush this medication down the toilet. Instead, the best way to dispose of your medication is through a medicine take-back program. Talk to your pharmacist or contact your local garbage/recycling department to learn about take-back programs in your community. See the FDA's Safe Disposal of Medicines website (<http://goo.gl/c4Rm4p>) for more information if you do not have access to a take-back program.

Possible side effects: Most men have mild, if any, side effects when taking sildenafil.

Common side effects include:

Headache	Rash	Muscle Pain
Flushing	Nausea	Dizziness
Upset stomach	Back Pain	Stuffy or running nose
Abnormal vision such as changes in color vision (blue color tinge) and blurred vision		

Severe side effects are uncommon or rare and included:

- An erection that will not go away (priapism). Get medical help right away if you have an erection that lasts more than 4 hours. If it is not treated right away, priapism can permanently damage your penis.
- Sudden decrease in vision or loss of vision in one or both eyes can be a sign of a serious eye problem called non-atretic anterior ischemic optic neuropathy (NAION). Stop taking sildenafil and call your healthcare provider right away.
- Sudden hearing decrease or loss, ringing in the ears (tinnitus) or dizziness. If you have these symptoms, stop taking sildenafil and contact a doctor right away.
- Low blood pressure: lie down if you feel faint or dizzy and call your doctor.
- Shortness of breath: Call your doctor.
- Heart attack, stroke, irregular heartbeats, and death: Most of these happen to men who have significant heart problems. If heart-related or other concerning symptoms occur, call your doctor and go to the emergency room immediately.

Precautions: Sildenafil may affect the way other medicines work, and other medicines may affect the way sildenafil works, causing side effects. Tell your healthcare provider about all the medicines you take, including prescriptions and over-the-counter medicines, vitamins, and herbal supplements, or if you take any of the following medications called:

Nitrates	Oral antifungals
Guanylate cyclase stimulators	Any type of antibiotics

Other PDE5 inhibitors (or other treatments for ED) HIV protease inhibitors
Alpha-blockers (high blood pressure medications)

Tell your healthcare provider if you have or have had:

Heart problems	Retinitis pigmentosa, a rare eye disease
A stroke	Severe vision loss, including NAION
Heart surgery within the last 6 months	Bleeding problems
Pulmonary hypertension	Stomach ulcers
Uncontrolled low or high blood pressure	Liver problems
Deformed penis shape	Kidney problems
Problems with your blood cells	Receiving kidney dialysis
An erection lasting for more than 4 hours	

If you have any questions or concerns, please contact your physician prior to taking sildenafil.

**Sildenafil does not protect against sexually transmitted diseases including HIV.

Minnesota Urology In-Office Dispensary 651-999-7090

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